

Hunter
Joint Organisation

GET READY
For disasters



GET READY FOR DISASTERS

A Resource Kit for the
Community Services Sector

Acknowledgements

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Introduction

This Resource Kit is a compilation of existing resources and materials developed by a range of organisations that focus on preparing for, responding to and recovering from natural disasters and emergency events.

The Resource Kit aims to support the community services sector to more easily research, access and integrate information and materials on disaster preparedness within their core business activities, and to better engage, communicate with and prepare their clients and communities for natural disasters and emergencies. The resources it contains can be used by the sector to support staff training, to inform corporate risk assessment and disaster planning, and to support direct engagement and communication with the clients and communities they service.

The key focus areas for which resources are provided include:

1. Assessing your risk
2. Preparation and planning
3. Staying informed
4. Heatwaves / extreme heat
5. Fire
6. Drought
7. Storm, flood, cyclone, tsunami
8. Air quality
9. Earthquake
10. Electricity disruption
11. Water and sewer disruptions
12. Transport disruptions
13. Organisational preparedness planning

Icons

A series of icons have been used throughout the document to help identify what kind of resource/s are available.

Click on the icon, title or image to open the associated resource.



Website



PDF document (not website)



Downloadable resources [factsheets / templates / posters]



Smartphone app



Facebook page



Resources for young people



Languages other than English



Mapping tool



Suite of online downloadable and printable resources including: poster; information flyer; webpage content; social media content; newsletter articles; scripts for community service announcements; e-mail alerts; and text alerts.



Online learning



LIVE Information



Video resources

Assessing your risk



Home Emergency Plan

Provides assistance with assessing storm and flood risk in the home



My Fire Plan

Assess bushfire preparedness, including information on how to improve or make a plan to give your property, your family and yourself the best chance of survival should you be threatened by a bush fire.



Bushfire Household Assessment Tool

Assess the risk of bush fire to your home.



Community Fire Safety

A checklist for improving fire safety in the home.

English + translation



NSW Tsunami Safe

Mapping tool identifying tsunami evacuation areas of NSW

Preparation and planning



Evacuation Instructions

Preparing for evacuation during and after an emergency



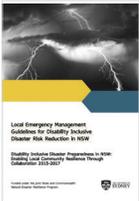
Preparing for an emergency - The smart thing to do

Ensure your household/community has an adequate supply of food, water and emergency items to cope with a prolonged emergency situation, including disruption to essential utilities (water, electricity and gas)



Person Centred Disaster Preparedness

A process tool and framework for enabling disaster preparedness for people with chronic health conditions and disability



Emergency Management Guidelines for Disability Inclusive Disaster Risk Reduction

Building community resilience by engaging people with disability in disaster risk reduction. Developed for disability support providers and local emergency managers



I'm Okay

Enabling emergency preparedness for people with physical disability



Get Prepared

How to access information and tools to complete an emergency plan, building on the Red Cross RediPlan

Preparation and planning



Disability and Natural Disasters in NSW

Increasing community resilience to natural disasters by including people with disability and support organisations in emergency planning



Red Cross Emergency Planning

Reducing the impact of emergencies, big and small, by being prepared.



Natural Disaster Awareness Training videos

Provides emergency preparation key messages for earthquakes, bushfires, heatwaves, storms, floods, cyclones and tsunami in languages other than English



Deaf Society - Emergency preparation, response and recovery

Emergency preparation key messages in Auslan relating to earthquakes, bushfires, heatwaves, storms, floods, cyclones and tsunami



Disaster Preparedness

Assisting individuals and families in Newcastle prepare for an emergency, including being prepared at home, completing an Emergency Fast-Info Card, preparing a Personal Emergency Plan and preparing an Home Emergency Kit



Ready Steady Safe

Provides assistance to get better prepared for emergencies and to work out which hazards you should plan for. Includes mini-games and challenges to assist children create their own custom personalised emergency plan

Preparation and planning



Get Ready Childrens Activity Book

Designed to help lower primary school-aged children learn about emergencies and the things they can do to be prepared



RSPCA New South Wales

Prepare for and keep your animals safe during an emergency. Emergency planning for pets and animals for their owners



World Animal Protection

Prepare for and keep your animals safe during an emergency. Emergency planning advice for pet and animal owners

Staying informed

Emergency Alert is the national telephone warning system used by emergency services to send voice messages to landlines and text messages to mobile phones within a defined area about likely or actual emergencies. Pay special attention if you receive an Emergency Alert message on your phone or hear the Standard Emergency Warning Signal (SEWS).



ABC coverage and frequency search

A resource to find the frequency of local ABC TV or radio to access localised disaster announcements



Bureau of Meteorology

Live weather alerts



Fires Near Me

Live information and alerts on bushfires near your location online

Staying Informed



Emergency+ app

Assists in calling for emergency support and provides critical location details required to mobilise emergency services



Live Traffic NSW

Live updates, traveller information and personalised alerts for NSW roads



Water Live

Live updates on water levels - streams, surface water, major dams and water table

Heatwaves / Extreme Heat



Australian Government
Bureau of Meteorology



BOM Heatwave Assessments and Forecasts

Live tracking of heatwave assessments and forecasts across Australia



NSW
GOVERNMENT | Health



Beat the Heat

Information on how hot weather influences your health, how you can prepare for and stay healthy in the heat, how you can recognise and treat heat-related illness, and how you can care for people who are at risk of heat-related illness



Are You Drinking Enough?

Poster to assess whether, based on urine colour, you are drinking enough water during a heatwave / extreme heat conditions



Impacts on Medications

A suite of communication resources addressing the potential impacts of heatwaves on medications. They aim to raise community awareness of these impacts and of the key actions that can be taken to prevent them occurring



Beat the Heat - Heath tips for a safe season

Information designed for anyone who cares for, supports or assists people at risk of serious health effects from hot weather. It includes tips and ideas on how to keep someone healthy during hot weather

Heatwaves / Extreme Heat



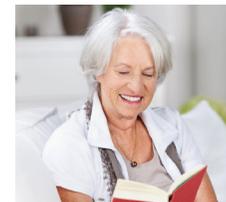
We are a Community Cool Spot

Poster for use by public / community venues to promote their facility as a “Cool Spot” – a location at which the community can go for free during a heatwave / extreme heat event to gain respite from high temperatures



Beat the Heat - Rural and Isolated communities

A suite of communication resources that identify potential impacts of heatwaves/ extreme heat on rural and isolated communities, to raise awareness of the health impacts arising from heatwaves and of the key actions that can be taken to “Beat the Heat”



Beat the Heat - The Elderly and People with a Disability

A suite of communication resources that identify potential impacts of heatwaves/ extreme heat on the elderly and people with a disability, to raise awareness of the health impacts arising from heatwaves and of the key actions that can be taken to “Beat the Heat”



Beat the Heat - All community

A suite of communication resources that identify potential impacts of heatwaves/ extreme heat on all of the community, to raise awareness of the health impacts arising from heatwaves and of the key actions that can be taken to “Beat the Heat”



Beat the Heat - Families with Young Children

A suite of communication resources that identify potential impacts of heatwaves/ extreme heat on families with young children, to raise awareness of the health impacts arising from heatwaves and of the key actions that can be taken to “Beat the Heat”

Fire




Premises Escape Plan

Planning and drawing a fire escape plan for your home




Bushfire Household Assessment Tool

Make informed decisions when developing a bush fire survival plan, such as whether to leave early, or stay with your property and defend it. Property address details provide the basis upon which bush fire risk is assessed




Bush Fire Safety for Travellers

Steps to take to avoid bush fires or to survive a bushfire if encountered when travelling




Bush Fire Survival Plan

Developing a bush fire survival plan through four easy steps. A 20 minute action plan to get ready for a bush fire





Fires Near Me

Live updates on the location and status of active fires in your area





Fire Fact video

Multimedia resources (YouTube / radio advertising) to help you prepare for and survive bushfires. Includes age appropriate resources for children

Fire



AIDER Program

The AIDER program is a free one-off program providing practical assistance (e.g. cleaning gutters & trimming branches) to reduce bush fire risk to people who have limited domestic support available from family, relatives, friends or other services



Bushfire and Your Home

A wide range of planning and preparation activities you can undertake which will dramatically increase the chances of you, your family and your home surviving in the event of a bush fire, including the maintenance of adequate levels of insurance



Bush Fire Survival Plan

Understand the benefits of preparing a Bush Fire Survival Plan and the processes and resources available to assist you with completing one



Bush Fire Myths

Clarify a range of myths and misconceptions commonly held about bush fires



Fire Danger Rating

Explains the meaning of Fire Danger Ratings and the actions that should be taken for each



Total Fire Bans

Explains the process for a Total Fire Ban being declared and the activities that can and can't be undertaken during these periods

Fire



Leaving Early

Provides information on the circumstances in which leaving your home early provides the safest option in a bush fire



Places of Last Resort

Details on Neighbourhood Safer Places (NSP), which are a Place of Last Resort where a person's Bush Fire Survival Plan cannot be implemented



Prepare. Act. Survive

Key steps required to survive a bushfire, from preseason planning through to monitoring and activating your bush fire survival plan



Fire Safety for Your Pets

Provides information on how to address the safety and wellbeing of animals when preparing a Bush Fire Survival Plan



Staying and Defending

Outlines the circumstances when the NSW Rural Fire Service recommends you should not stay and a checklist for determining whether you should stay and defend



Farm FireWise

Farm FireWise helps NSW rural landholders prepare for and prevent bush fires

Drought



Department of
Primary Industries



Managing Drought - 9th Edition

Provides NSW primary producers with relevant information to help them make informed decisions on how to effectively manage the impacts of the current drought, as well as future extended dry spells

Storm, Flood, Cyclone, Tsunami



Storm Safe

Information and resources to assist the community understand the risks posed by storms and to encourage them to plan now and prepare their home to avoid or manage storm impacts



Storm Safe App

Assists users become better prepared for storms, with local storm information, history and events, as well as information on what to do just before, during and after the storm



Prepare for Storm Season

Checklist of what to do before, during and after a storm to avoid/manage impacts and remain safe

NB The electricity distribution network covered by Essential Energy includes 95 per cent of NSW (excluding the Hunter, Central Coast, Sydney and the Illawarra)



Safety During Floods

Safety information on what to do before, during and after a flood to avoid/manage impacts and remain safe. Contact details are provided for disconnecting and restoring power

NB The electricity distribution network covered by Essential Energy includes 95% of NSW (excluding the Hunter, Central Coast, Sydney and the Illawarra)



Farm Flood Readiness Kit

Provides guidance on making your farming property flood ready when living on a floodplain, including the reasons for and process of developing a property flood plan



Severe Weather and Disability video

This video aims to improve understanding by and reduce impacts of severe weather conditions on people with disability

Storm, Flood, Cyclone, Tsunami



Tropical Cyclone Knowledge Centre

Provides the latest information and warnings about cyclone events in Australia



NSW Tsunami Safe

Identifies tsunami evacuation areas of NSW. Online mapping tool

Air quality



Planning,
Industry &
Environment



Current and forecasted air quality

Provides up to date (hourly) information on air quality, air quality forecasts and alerts for the community



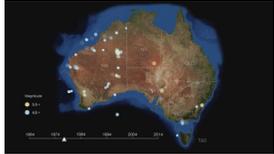
Health



Dust storms

Dust storms reduce air quality and visibility, and may have adverse effects on health. This website outlines the health risks, and explains what you can do to avoid or reduce the impact of dust storms on your health

Earthquake



Planning for Emergency Earthquake

Provides information on how to minimise the risk of serious injury before during and after an earthquake

Electrical disruptions



Staying safe and healthy during extended power outages

Provides information on how to stay safe during an extended power outage including how to report fallen or damaged powerlines, maintaining food safety and managing medications that may require refrigeration



Power Outages (Endeavour)

Planned and unplanned power outage information

NB The electricity distribution network covered by Endeavour Energy includes Sydney's Greater West, Blue Mountains, Southern Highlands, the Illawarra and the South Coast of NSW



Outages and Faults (Essential)

Information on being prepared for the storm season, including how to identify, report and track damage to the electricity network

NB The electricity distribution network covered by Essential Energy includes 95% of NSW (excluding the Hunter, Central Coast, Sydney and the Illawarra)



Your safety in an emergency

Information on being prepared for the storm season, including how to identify, report and track damage to the electricity network

NB The electricity distribution network covered by Ausgrid includes the Upper Hunter, Lower Hunter, Newcastle, Central Coast to Sydney and Sutherland Shire



Life Support FAQs

Important information for people who rely on power for medical equipment. Registering your residence and developing a plan

NB The electricity distribution network covered by Essential Energy includes 95% of NSW (excluding the Hunter, Central Coast, Sydney and the Illawarra)



How to avoid the dangers of using a portable domestic generator

Provides information on the dangers of using portable generators and strategies for ensuring they are used safely

NB The electricity distribution network covered by Essential Energy includes 95% of NSW (excluding the Hunter, Central Coast, Sydney and the Illawarra)

Water disruptions



Hunter Water Corporation

Provides contact details to report a water supply or wastewater (sewage) fault or outage, and updates on the status of planned and current outages in the Lower Hunter Region



Wellington Region Emergency Management

While provided in the context of earthquakes in New Zealand, provides information on the importance of planning your water storage in the event of a disaster and how to ensure stored water is safe to drink



Make and use an emergency toilet

Provides information on how to make and use an emergency toilet should wastewater services cease due to a natural disaster

Transport disruptions



Live traffic update

Provides live updates of road closures and incidents



Local Road Information



Northern Rivers - My Road Info

Provides live updates of road closures and incidents on local roads in the NSW Northern Rivers Region



Travel alerts and trackwork

Provides information on planned and unplanned transport disruptions to Sydney Metro, Sydney Trains, Intercity Trains, Regional Trains and Regional Coaches

Organisational preparedness planning



NSW Get Ready for Disasters

Information to support individuals, councils, community service organisations and businesses to become disaster ready



Emergency Preparedness

Provides an overview of the role of NSW Health in the event of an emergency, including links to a range of resources to assist health professionals and Community Organisations during severe weather and natural disasters



Walking with People - Supporting Disaster Resilience and Renewal

A training package targeting family, welfare, health and community support workers outlining ways to support people who have been affected by a disaster



Six Steps to Resilience

A framework to guide community organisations through the process of developing a Business Continuity Plan, to support them bounce back from disasters and emergencies that are common to most organisations



Australian Government



Emergency Management for Business

Information and resources to support businesses research and plan for an emergency, and to act quickly and easily when one occurs. Designed to assist businesses stay afloat before, during and after an emergency



Climate Ready Communities - A guide to getting started

An Australian Red Cross resource providing guidance to anyone wanting to support their community to prepare for and adapt to the impacts of climate change